

Term Time Programme

	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm
MONDAY		Lane Swimming	Aquafit	School Swimming				Lane and General Swimming	School Swimming	Swim Lessons			Lane and General Swimming	Build Confidence	Aquafit and General Swimming	Swim Club	
TUESDAY		Lane Swimming		School Swimming				Lane and General Swimming	School Swimming	Swim Lessons			Lane and General Swimming	Lifesaving Club	Honing Technique	Lane and General Swimming	
WEDNESDAY		Lane Swimming	Aquafit	School Swimming				Lane and General Swimming	School Swimming	Swim Lessons			Lane and General Swimming	Social Fitness	Aquafit and General Swimming	Staff Training	
THURSDAY		Lane Swimming		School Swimming				Lane and General Swimming	School Swimming	Swim Lessons			Lane and General Swimming	Ladies Novice Tri	General Swimming	Swim Club	
FRIDAY		Lane Swimming	Aquafit	School Swimming				Lane and General Swimming	School Swimming	Swim Lessons			Tri Club and Lane Swimming	Fun Inflatable Session	Lane and General Swimming	Lane and General Swimming	
SATURDAY			Lane Swimming	Swim Lessons	Fun Inflatable Session	Lane and General Swimming	Fun Inflatable Session	Lane and General Swimming	Possible Party Hire								
SUNDAY			Lane Swimming	Swim Lessons	General Swimming	Lane and General Swimming	Fun Inflatable Session	Lane and General Swimming	AquaNatal	Silver Swimmers							

School Holiday Programme

	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm
MONDAY		Lane Swimming	Aquafit	Swim Lessons	Pool Mania Session	Lane and General Swimming	Fun Inflatable Session	General Swimming	Swim Lessons			Lane and General Swimming	Build Confidence	Aquafit and General Swimming	Swim Club		
TUESDAY		Lane Swimming		Swim Lessons	Pool Mania Session	Lane and General Swimming	Fun Inflatable Session	General Swimming	Swim Lessons			Lane and General Swimming	Lifesaving Club	Honing Technique	Lane and General Swimming		
WEDNESDAY		Lane Swimming	Aquafit	Swim Lessons	Pool Mania Session	Lane and General Swimming	Fun Inflatable Session	General Swimming	Swim Lessons			Lane and General Swimming	Social Fitness	Aquafit and General Swimming	Staff Training		
THURSDAY		Lane Swimming		Swim Lessons	Pool Mania Session	Lane and General Swimming	Fun Inflatable Session	General Swimming	Swim Lessons			Lane and General Swimming	Ladies Novice Tri	General Swimming	Swim Club		
FRIDAY		Lane Swimming	Aquafit	Swim Lessons	Pool Mania Session	Lane and General Swimming	Fun Inflatable Session	General Swimming	Swim Lessons			Tri Club and Lane Swimming	Fun Inflatable Session	Lane and General Swimming	Lane and General Swimming		
SATURDAY			Lane Swimming	Swim Lessons	Fun Inflatable Session	Lane and General Swimming	Fun Inflatable Session	Lane and General Swimming	Possible Party Hire								
SUNDAY			Lane Swimming	Swim Lessons	General Swimming	Lane and General Swimming	Fun Inflatable Session	Lane and General Swimming	AquaNatal	Silver Swimmers							